## Great Goodbyes Self Check

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| When I say **good-bye** topatients and families, do I… | **Almost Always** | **Most of the Time** | **Occasionally** | **Hardly Ever** |
| 1. Move to the person’s level?
 |  |  |  |  |
| 1. Smile and make eye contact?
 |  |  |  |  |
| 1. Address patient by name?
 |  |  |  |  |
| 1. Say closing words that help prepare patient for ending?
 |  |  |  |  |
| 1. Invite questions?
 |  |  |  |  |
| 1. Focus fully on the person while addressing their questions. Stay present?
 |  |  |  |  |
| 1. Give thorough explanations to each question?
 |  |  |  |  |
| 1. Check back to ensure understanding?
 |  |  |  |  |
| 1. Thank them (e.g., for choosing us, allowing us to serve them, waiting, being patient, etc.)?
 |  |  |  |  |
| 1. Share a good wish for them, putting my heart in it?
 |  |  |  |  |
| 1. Use my job-specific good-bye approach consistently with the people I serve?
 |  |  |  |  |
| 1. (Open-ended) What am I doing really well when it comes to saying goodbye to my patients and families?
2. (Open-ended) How can I improve my goodbyes?
 |